

## Keynote Speaker:

Prof. Frans Hilgers, M.D., Ph.D.  
*Chairman-emeritus, Department of Head and Neck Oncology and Surgery  
The Netherlands Cancer Institute – Antoni van Leeuwenhoek Hospital  
Amsterdam, The Netherlands*

## Faculty and Staff of the Milton J. Dance Jr. Head & Neck Center:

John R. Saunders, Jr.,  
M.D., M.B.A., F.A.C.S.  
*Program Director, Medical Director  
Chief Medical Officer, GBMC  
The Milton J. Dance, Jr., Head and Neck  
Center at GBMC*

Barbara Messing, M.A., CCC-SLP,  
BRS-S  
*Clinical-Administrative Director  
Board Recognized Specialist in  
Swallowing Disorders  
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*Head and Neck Surgeon*

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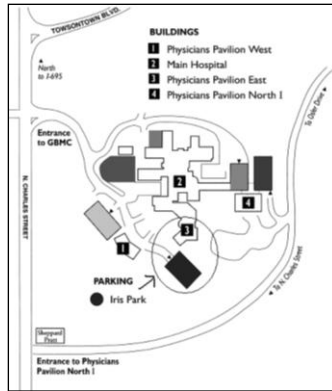
Dorothy Gold, LCSW-C, OSW-C  
*Senior Oncology Social Worker*

Bethany Hieber, M.A., CCC-SLP  
*Senior Speech-Language Pathologist*

Patrick Ha, M.D., F.A.C.S.  
*Head and Neck Surgeon*

## DIRECTIONS:

GBMC Physicians Pavilion East,  
Civiletti Conference Center  
6565 North Charles Street,  
Baltimore, MD 21204  
Directions to GBMC from I-695 WEST,  
take exit Charles Street (Exit 25).  
Go south approximately 2 miles and  
take a left at the sign for GBMC. Bear  
right after passing through the  
gatehouse. Go up the hill and park in  
the garage labeled Iris Park. The  
conference center is in Physician's  
Pavilion East on the first floor. For  
specific directions from your area go to  
<http://www.gbmc.org/body.cfm?id=1514>.



## FACULTY DISCLOSURE:

It is the policy of GBMC HealthCare to ensure balance, independence, objectivity and scientific rigor in all its educational activities. In accordance with our policy, faculty is required to disclose all relevant financial relationships.

## CONTINUING EDUCATION CREDITS:

GBMC designates this live activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course is offered for 1.4 ASHA CEUs (Intermediate level, Professional area).



Loyola University Maryland, Department of Speech-Language Pathology is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

GBMC

The Milton J. Dance, Jr. Head & Neck Center  
Johns Hopkins Voice Center at GBMC  
6569 North Charles Street, Suite 401  
Baltimore, Maryland 21204

# Multidisciplinary Comprehensive Rehabilitation Following Laryngectomy 2012

September 7 - 8, 2012

GBMC Physicians Pavilion East  
Civiletti Conference Center  
6565 North Charles Street  
Baltimore, MD 21204

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[www.gbmc.org/mjdanceheadandneck](http://www.gbmc.org/mjdanceheadandneck)

[www.gbmc.org/voice](http://www.gbmc.org/voice)

*Atos Medical supports this conference  
in the form of an educational grant.*

# Multidisciplinary Comprehensive Rehabilitation Following Laryngectomy

**About the program:** Although the goal of every clinician is organ preservation, a total laryngectomy is often unavoidable in patients with advanced stage laryngeal and hypopharyngeal cancer or recurrent disease. Fortunately, the quality of life following a total laryngectomy is very good provided surgical and rehabilitation efforts are optimal. Over the last several decades considerable progress in voice, pulmonary and olfaction rehabilitation of the total laryngectomy patient has been made. This course will share current trends and practices in post-laryngectomy rehabilitation. A cadaver resection lab offers attendees a unique and powerful learning experience in surgical techniques for total laryngectomy. Additionally, a hands-on lab with patient volunteers provides attendees the opportunity to learn techniques of tracheoesophageal prosthesis replacement.

## Program Objectives

By attending this program participants will:

- Describe the surgical techniques of total laryngectomy as learned through the cadaver lab component of this course.
- Describe the latest in surgical techniques for voice restoration following total laryngectomy.
- Differentiate between primary and secondary voice prosthesis placement and identify pros and cons of each.
- Describe decision making process in selecting the appropriate voice prosthesis.
- Discuss the benefits of heat moisture exchangers (HMEs) and free hands valves.

## Who should attend?

- Otolaryngologists/Head and Neck Surgeons, Residents
- Speech-Language Pathologists
- Head and Neck Oncology Nurses
- Anyone interested in expanding their understanding and clinical knowledge of the laryngectomized patient

## Topics covered over this two-day intensive course:

- Current surgical techniques and stoma optimization
- Cadaver resection demonstration
- Primary and secondary voice prosthesis placement: Pros and cons
- Voice prosthesis selection: Making the right choice
- Hands on instruction in small groups: Prosthesis changes with patient volunteers
- Pulmonary rehabilitation
- Heat moisture exchangers (HMEs): A critical element in pulmonary rehabilitation and ongoing function
- Smell/olfaction function: "Nasal Airflow Inducing Maneuver" or "Polite Yawning" technique
- Voice and stoma fixation accessories: Hands-free speech, selection of fixation devices (adhesives/tubes/buttons)
- Tips, tricks, complications and challenges

**This is a practical course using video demonstration, cadaver dissection, hands-on sessions for prosthesis changes and troubleshooting.**

## GBMC Program for 2012

### DAY 1: FRIDAY SEPTEMBER 7, 2012

7:30 - 8:00 am	<b>Registration and Continental Breakfast</b>
8:00 - 8:10 am	<b>Welcome and Introduction</b> <i>Barbara Messing, M.A., CCC-SLP, BRS-S</i>
8:10 - 8:30 am	<b>Pre-course personal evaluation of knowledge: Pre-test questionnaire to assess baseline knowledge</b> <i>Frans Hilgers, M.D., Ph.D.</i>
8:30 - 10:00 am	<b>History of post-laryngectomy rehabilitation and basic aspects of TE voice physiology and voice prostheses</b> <i>Frans Hilgers, M.D., Ph.D.</i>
10:00 - 10:15 am	<b>Refreshment Break</b>
10:15 - 11:15 am	<b>GBMC protocol for voice restoration and TEP management</b> <i>Bethany Hieber, MA, CCC-SLP; Richard Hirata, M.D.; Jaclyn Shellenberger, M.S., CCC-SLP</i>
11:15 - 11:45 am	<b>Stoma care post-laryngectomy</b>
11:45 - 12:30 pm	<b>Psychosocial issues of laryngectomy</b> <i>Dorothy Gold, LCSW-C, OSW-C</i>
12:30 - 1:30 pm	<b>Lunch Provided</b>
1:30 - 2:30 pm	<b>Achieving optimal TE voice: TEP troubleshooting</b> <i>Barbara P. Messing, M.A., CCC-SLP, BRS-S</i>
2:30 - 3:30 pm	<b>Hands-on session, practicing voice prosthesis replacement with models and use of accessories; Patient demonstration</b> <i>All faculty</i>
3:30 - 4:30 pm	<b>Pulmonary rehabilitation: Physiology and clinical research</b> <i>Frans Hilgers, M.D., Ph.D.</i>
4:30 - 5:00 pm	<b>Olfaction rehabilitation</b> <i>Barbara P. Messing, M.A., CCC-SLP, BRS-S</i>
5:00 pm	<b>Reception in our conference center: All participants are invited</b>

### DAY 2: SATURDAY, SEPTEMBER 8, 2012

8:00 - 8:30 am	<b>Registration and Continental Breakfast</b>
8:30 - 9:30 am	<b>Current surgical techniques and refinements</b> <i>John Saunders, M.D.; Frans Hilgers, M.D., Ph.D.</i>
9:30 - 9:45 am	<b>Refreshment Break</b>
9:45 - 12:00 pm	<b>CADAVER LAB: Demonstration of total laryngectomy and primary tracheoesophageal puncture (cadaver dissection) and the surgical refinements optimizing vocal rehabilitation</b> <i>Frans Hilgers, M.D., Ph.D.; John Saunders, M.D.; Patrick Ha, M.D.</i>
12:00 - 1:00 pm	<b>Lunch Provided</b>
1:00 - 3:00 pm	<b>HANDS-ON SESSION WITH PATIENT VOLUNTEERS</b> <i>The Milton J. Dance, Jr. Head and Neck Center: Physicians Pavilion West Suite 401</i> <i>Obtain hands-on experience with TEP modifications with our patient volunteers</i>
3:00 - 3:15 pm	<b>Refreshment Break</b>
3:15 - 4:15 pm	<b>Long term results and adverse events/troubleshooting</b> <i>Frans Hilgers, M.D., Ph.D.</i>
4:15 - 5:00 pm	<b>Treatment of advanced larynx cancer and re-evaluation of baseline knowledge using pre-post test questionnaire</b> <i>Frans Hilgers, M.D., Ph.D.</i>

## Register for Multidisciplinary Comprehensive Rehabilitation Following Laryngectomy 2012

September 7 - 8, 2012

### Registration Form:

3 WAYS TO REGISTER (\*if payment is being made from an internal GBMC Department please see below)

1. Register online at <http://www.gbmc.org/cmeevents>
2. Fax registration form with credit card information to 443-849-3280
3. Mail registration form with credit card information or check payable to GBMC HealthCare to:  
**Please return check with this form to:**  
**GBMC, CME Department**  
6701 North Charles Street  
South Chapman, Suite G001  
Baltimore, MD 21204

\* For payments being made from internal GBMC departments complete the information below and mail or fax to address above. Note: We are not able to accept GBMC checks as payment. An internal transfer must be completed.

GBMC Department \_\_\_\_\_ Contact Phone Number \_\_\_\_\_

GBMC Department # \_\_\_\_\_ GBMC Expense Account # \_\_\_\_\_

Department Manager Signature \_\_\_\_\_

Department Manager Name (please print) \_\_\_\_\_

Name \_\_\_\_\_

Specialty \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Business Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

PLEASE CIRCLE CARD CHOICE

Mastercard Discover Visa Amex

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Signature \_\_\_\_\_

**Registration Information: Everyone must register regardless of fee.**

Physician \$425.00 FULL COURSE  Physician \$325.00 SATURDAY ONLY

Resident \$200.00 FULL COURSE  Resident \$100.00 SATURDAY ONLY

Are you a GBMC Physician? Yes  No

Allied Health Professionals \$375.00 FULL COURSE

(Speech Pathologists, Nurses, Advanced Practitioners)

GBMC Allied Health Professionals (Free)

Please note that confirmation letters or receipts will **NOT** be mailed.

Confirmation of receipt of registration may be obtained by calling the CME Office at 443-849-3670.

**QUESTIONS:**

For registration information, please call 443-849-3670.

For content information, please call 443-849-8451.

**SPECIAL ACCOMMODATIONS:**

If you require special accommodations to attend or participate in the CME activity, please provide information about your requirements to the CME Office at 443-849-3670 at least 10 business days in advance of the activity. Those requiring hearing or speech assistance may call Maryland Relay (a Telecommunications Relay Service) at 1-800-735-2258-TTY to have an operator place the call to the CME Office at the number listed above.

**ACCOMMODATIONS:**

\*\*The Sheraton Baltimore North is located 5 minutes from GBMC. For online reservations, go to <http://www.starwoodmeeting.com/StarGroupsWeb/res?id=1102171903&key=B3E54> or call (800) 433-7619 or (410) 321-7400. Make sure you tell the reservation staff that you are attending the 'GBMC TEP conference' to receive the conference room rate of \$135.00. This rate is only available until Friday, August 24, 2012.

Alternative hotels are available on the GBMC website at [www.gbmc.org/body.cfm?id=80](http://www.gbmc.org/body.cfm?id=80)